



FIRE SERVICE OCCUPATIONAL CANCER SEMINAR AGENDA



0700 – 0800	Breakfast
0800 – 0815	Overview Welcome from Host Department/Agency
0815 – 1000	How Did We Get Here and Where Are We Going? An overview of research studies to date, including a discussion of underrepresented groups and research needs. This session will also provide an overview of dermal and inhalation carcinogen exposures to firefighters.
1000 – 1015	Break
1015 – 1200	Exposure Reduction and Implementation Strategies This session will look at procedures that can be implemented by departments and personnel to reduce exposure at the fire scene, in apparatus and at the fire station. This session will also discuss current advances in PPE development to reduce exposure as well as best practices for fire fighter decontamination processes
1200 – 1300	Lunch
1300 – 1445	Modifiable Risk Factors and Health Lifestyle This session will address reducing risk, increasing protective factors, and building resilience through a healthy lifestyle. Wellness best practices regarding diet, exercise, smoking cessation, and sleep, as well as successful programs.
1445 – 1500	Break
1500 – 1600	Support After the Cancer Diagnosis This session will provide an overview of the FCSN tool kit and key steps in the cancer treatment process.
1600 – 1630	Concluding Remarks Final remarks will touch on presumptive legislation as well as how an organizations overall culture fits in with implementing change.